

## Jurassic Energy (Rhea Extract) User Evaluations (1999)

Perceived change on a scale of 1 (minor change) to 5 (major change)

| Age | Sex | Dose  | Reduced Allergies | Energy Level | Mood | Pain relief | Range of Motion | Side Effects | Physical Complaints                              | Comments                         |
|-----|-----|-------|-------------------|--------------|------|-------------|-----------------|--------------|--------------------------------------------------|----------------------------------|
| 36  | F   | 2-3   | 3                 | 3            | 3    | 3           | 3               | N            | Asthma                                           |                                  |
| 71  | M   | 2     | 5                 |              |      |             |                 | N            | Sinus due to laryngectomy                        |                                  |
| 49  | M   | 4 prn | 5                 |              |      |             |                 | N            | Emphysema, allergies                             |                                  |
| 52  | F   | 3     |                   | 3            |      | 4           | 4               | N            | Lupus, fibromyalgia                              | Feet stay warm, greater mobility |
| 55  | F   | 4     | 2                 | 5            |      | 4           | 4               | N            | Diabetes, arthritis, spinal injury               |                                  |
| 43  | F   | 4     |                   | 2.5          |      | 4.5         | 4.5             | N            | Fibromyalgia                                     |                                  |
| 57  | M   | 2     | 3                 | 3            | 3    | 4           | 4               | N            |                                                  |                                  |
| 66  | F   | 6     | 4                 | 4            | 4    | 3           | 4               | N            | Fibromyalgia, allergies, HPB, IBS                | Couldn't afford it               |
| 46  | F   | 2     |                   | 5            | 4    | 5           | 4               | N            | Fibromyalgia, IBS                                |                                  |
| 43  | F   | 2     | 5                 |              | 3    |             |                 | N            | Asthma, allergies                                |                                  |
| 59  | F   | 2     |                   | 3            | 3    | 3           | 4               | N            | Fibromyalgia, bad car wreck 1 year ago           | Muscle pain reduced              |
| 64  | M   | 1     |                   | 3            | 3    | 3           | 4               | N            | Sore knees                                       |                                  |
| 63  | F   | 4-2   |                   | 1            |      | 1.2         |                 | N            | Liver related spastic ileocolitis (?), migraines |                                  |
| 36  | M   | 1     |                   | 3            |      | 5           | 5               | N            | Lower back strain 2.5 years ago                  | Y-pain free bowling now          |
| 40  | M   | 2     |                   |              |      | 3           | 2               | N            | Pain in hands                                    |                                  |
| 75  | M   | 2     | 3                 |              |      | 4           | 5               | N            | Bursitis, arthritis                              |                                  |
| 48  | F   | 2     | 4                 | 3            | 2    |             |                 | N            | Colitis                                          |                                  |

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|    |   |   |   |   |   |   |     |   |                                                   |                                        |
|----|---|---|---|---|---|---|-----|---|---------------------------------------------------|----------------------------------------|
|    | M |   |   | 2 |   |   | 3   |   | Myasthenia gravis                                 |                                        |
| 60 | F | 4 | 5 |   |   |   |     | N | Only used for asthma and allergy attacks          |                                        |
| 43 | F | 2 |   |   |   | 3 |     | N | Degenerative disk for years                       |                                        |
| 45 | F | 2 |   | 1 |   |   | 2.5 | N | Diabetes, kidney failure                          | Shoulder pain decreased                |
| 14 | M | 1 | 5 | 5 | 5 |   |     | N | ADS, ADHS                                         | Y, energy, focus, endurance improved   |
| 63 | M | 1 | 1 | 3 | 4 | 5 | 3   | N | Rheumatoid arthritis                              | Pain free for the first time in years! |
| 61 | F | 1 | 5 | 5 | 4 | 5 | 4   | N | Childhood polio, weak muscles, hypothyroid        |                                        |
| 63 | M | 2 | 3 | 5 | 3 | 5 | 5   | N | Fibromyalgia, arthritis, HBP, diabetes, IBS, deaf | Off all medication                     |
| 38 | F | 1 | 4 | 4 | 4 | 4 |     | N | Allergies, HBP, PMS                               |                                        |
| 81 | F | 1 | 5 | 5 | 5 | 5 | 5   | N | Macular degeneration, old age                     |                                        |
| 20 | M | 1 | 5 | 5 | 4 |   |     | N | None                                              |                                        |
| 41 | F | 1 | 5 | 5 | 4 | 4 | 4   | N | PMS, Tendonitis                                   |                                        |
| 35 | F | 1 | 3 | 5 | 4 | 5 | 5   | N | Tendonitis, lump in heel 7yrs                     |                                        |
| 28 | F | 2 |   | 3 | 3 | 5 | 4   | N | Fibromyalgia                                      |                                        |
| 47 | M | 3 | 4 | 4 | 3 | 5 | 4   | N |                                                   |                                        |
| 46 | F | 3 | 5 | 5 | 3 | 5 | 4   | N | Allergies                                         |                                        |
| 54 | M | 2 | 2 | 2 | 2 | 3 | 3   | N | Gout                                              |                                        |

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|    |   |     |     |   |   |   |   |   |                                                  |                                                |
|----|---|-----|-----|---|---|---|---|---|--------------------------------------------------|------------------------------------------------|
| 9  | M | 2   | 3   |   | 3 |   |   | N | Easily irritated                                 | Helped mood, calmed down                       |
| 40 | F | 4   |     |   |   | 3 | 3 | N | Lower back pain                                  |                                                |
| 60 | F | 4   |     | 3 | 2 | 4 | 4 | N | Arthritis                                        | Joint pain diminished                          |
| 7  | M | 2   | 3   | 5 | 5 | 3 | 3 | N | Asthma, allergies, adrenoleukodystrophy          | Sleeping better, asthma, allergies gone        |
| 37 | F | 4   | 4   | 3 | 3 | 5 | 5 | N | Sinus, joint pain fibromyalgia                   | Decreases back pain                            |
| 36 | M | 12  |     | 5 | 5 |   |   | N | None                                             | Libido increased: 4                            |
| 70 | F | 9   |     | 3 |   |   |   | N | Edema                                            | 12 pound sustained weight loss                 |
| 48 | M | 6   |     | 4 | 4 |   |   | N | Depression                                       |                                                |
| 13 | M | 4   |     | 5 | 5 |   |   | N | ADD, severe hyperactivity                        | Much better in school                          |
| 34 | M | 9   |     |   | 5 |   |   | N | Nervous breakdown, suicidal, marital problems    | Marriage saved, not suicidal                   |
| 50 | F | 4   |     | 2 |   |   |   | Y | None                                             | Too much energy at 4 AM. Disturbed sleep.      |
| 69 | M | 2   |     |   |   |   |   | N | Ulcerative colitis                               | Decrease in frequency and severity of attacks. |
| 71 | F | 6   | 2   | 5 | 5 | 3 | 3 | N | Pain from broken back                            | Pain relief                                    |
| 71 | F | 4   | 2   |   |   | 5 | 5 | N | Rheum. arthritis, spinal degen., prolapsed disks | Off all pain killers                           |
| 58 | M | 4-5 |     | 5 |   |   |   | N | Bad knees, shoulder, colon problems              |                                                |
| 28 | M | 1-2 | 1.5 | 5 | 5 |   |   | N | Diabetes                                         | Sugar level more stable                        |
| -  | F |     |     |   |   |   | 4 | N | Fibromyalgia, Chronic Fatigue Syndrome           | Fewer episodes of CFA & Fibromyalgia           |

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