

Perceived change on a scale of 1 (minor change) to 5 (major change):

A - Allergies E - Energy Level SH - Sleeping Habits M - Mood P - Pain RM - Range of Motion, Mobility SE - Side Effects

ID#	Age	Sex	Dose	Time used	A	E	SH	M	P	RM	SE	Physical Problems	Comments: Y=full comments below
31	35	F	2	2 w	NC	NC	NC	NC	NC	NC	N	Fibromyalgia	-
32	-	M	-	1 y	-	2	-	-	-	3	-	Myasthenia gravis	Y
33	60	F	4 prn	1 y	5	-	-	-	-	-	N	Only used for asthma and allergy attacks	-
34	43	F	2	10 w	-	-	4	-	3	-	N	Degenerative disk for years	-
35	45	F	2	1 M	-	1	-	-	-	2.5	N	Diabetes, kidney failure	Shoulder pain decreased
38	14	M	1	10 m	5	5	5	5	-	-	N	ADS, ADHS	Y, energy, focus, endurance improved
39	63	M	1	11 m	1	3	1	4	5	3	N	Rheumatoid arthritis	Pain free for the first time in years!
40	61	F	1	10 m	5	5	4	4	5	4	N	Childhood polio, weak muscles, hypothyroid	Y
41	63	M	1-2	9 m	3	5	3	3	5	5	N	Fibromyalgia, arthritis, HBP, diabetes, IBS, deaf	Y, off all medication
44	38	F	1	10 m	4	4	3	4	4	-	N	Allergies, HBP, PMS	Y
45	81	F	1	10 m	5	5	3	5	5	5	N	Macular degeneration, old age	Y
46	20	M	1	10 m	5	5	2	4	-	-	N	None	-
47	41	F	1	10 m	5	5	3	4	4	4	N	PMS, Tendonitis	Y
48	35	F	1	11 m	3	5	3	4	5	5	N	Tendonitis heel Lump in breast 7 yrs	Y
49	28	F	2	14 w	-	3	-	3	5	4	N	Fibromyalgia	-
50	47	M	3-4	1 y	4	4	5	3	5	4	N	-	-
51	46	F	2-4	1 y	5	5	-	3	5	4	N	Allergies	-

Blank spaces indicate no response to that question.

The comments are recorded below the chart and are identified by ID #.

ID#: 31

I take several medicines. Rhea pills, oil, and lard help to soften areas of very dry skin, helps with ascites (abdomen and legs) helps with the pain in fingers and knees, also open lesions on feet and lower legs. I usually take NTG for pain in my chest 1/2 but a tsp. of oil helps the esophagus with relieving the pain.

We use the oil on fever blisters and lard on my acne 1/2 it's great on open surgical wounds and burns, bruises, scrapes and abrasions. Helps regulate colon 1/2 you can go away from home and not worry about diarrhea or constipation esp. when eating.

ID#: 32

I was diagnosed with Myasthenia Gravis, an immune disorder affecting the neuro-muscular junction. My case was very severe. I have had open chest surgery to remove the thymus gland. At one point after surgery, I could not talk, chew, swallow, and my vision was severely affected.

I started taking Rhea Extract after reading about it in a trade magazine. I do not see an immediate response when I start taking the Extract, however when I forget to take them, or run out of supply, I really feel the effect. I feel the Rhea extract has given me a definite boost. I can now function as a normal person, with the help of proper medication, rest, and Rhea Extract.

ID#: 38

I have also been taking proper vitamins and minerals and the extract and using Rhea Oil. I have grown taller and gained weight and my muscles are filling out more.

I have been on Ritalin for 8 years. The side effects of that was keeping me from growing properly (we believe). At this time I am off all medication and am depending on Synergy 2000 and Rhea Extract to help me with ADHD. So far it is working great.

I have much more stamina and endurance playing basketball and football. Today, I bench pressed 150# which was the highest in our school in Jr. High.

ID#: 39

I am basically pain free and I can run 100 yards and lift 100# weight for the first time in four years.

ID#: 41

I am a disabled veteran and am now on total disability. The last year I have been taking lots of vitamins/minerals and Rhea Extract. I have gradually improved in all areas to the point of being able to even work for a 10 hr day and not have too much problems doing it.

For the last 10 years, prior to this last year I was on many medications just to survive, but was continually getting worse. If I can help with any trials of natural products, please let me know.

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